



The Bridge Program at Barrow Neurological Institute is a transdisciplinary partial-day program for individuals with neurological conditions who benefit from the full spectrum of neuro-rehabilitation services. These services include physical, occupational, speech, and recreation therapy; social work; and psychological rehabilitation. The Bridge Program, which lasts 16 to 18 weeks, is designed to help individuals regain functional independence in the home, community, and work environments. It offers a team-based and individualized approach, providing an experience that is tailored to each patient's goals and needs.

Program Expectations

Below are the requirements for patient participation in the Bridge Program:

- Program length is 16 to 18 weeks
- Individual PT/OT/SLP sessions three to four days/week
- Individual neuropsychology session one day/week
- Group therapy and group neuropsychology one day/week
- Recreational therapy once a month
- Social work sessions twice a month, as needed



For More Information

(602) 406-6688
Ashley.Bridwell@
DignityHealth.org
BarrowNeuro.org

Referrals

Referrals can be faxed to
(602) 798-9411.

Goals of Bridge Participants

The mission of the Bridge Program is to help individuals reach the next step in their journey. Past participants have discharged from the Bridge Program with the following achievements:

- Return to work
- Return to school
- Vocational rehabilitation with full-day program
- Increased home independence
- Volunteer participation
- Increase recreational participation and social engagement

Family Participation

Family and/or caregiver participation may help a patient recover more quickly and reach their goals for improved independence. We ask that family and caregivers are able to do the following:

- Implement strategies and skills practiced in therapies at home
- Assist in setting up or providing transportation to and from the clinic four days a week for the duration of the program
- Participate in three family meetings, which are spaced throughout the program, and support the patient's disease-management plan, which encompasses both medical and non-medical needs

